

STCLH OFFICE OF STUDENT SUPPORT MENTAL HEALTH WEEK OCTOBER 7 - OCTOBER 11

OCTOBER 7 @ 9AM - 4PM | MENTAL HEALTH SCREENINGS | STUDENT LOUNGE

OCTOBER 8 @ 10AM - 1PM | COFFEE CHAT: WELLNESS 360 | STUDENT LOUNGE

OCTOBER 9 @ 12PM - 3PM | PLANT YOUR PATH TO WELLNESS | STUDENT LOUNGE

OCTOBER 10 @ 9AM - 5PM | WELLNESS ROOM OPEN HOUSE | ROOM 926

REFLECT: WHAT CAN YOU DO TODAY TO SUPPORT YOUR MENTAL HEALTH?

QUESTIONS? CONTACT THE OFFICE OF STUDENT SUPPORT
STUDENTSUPPORT@STCL.EDU

