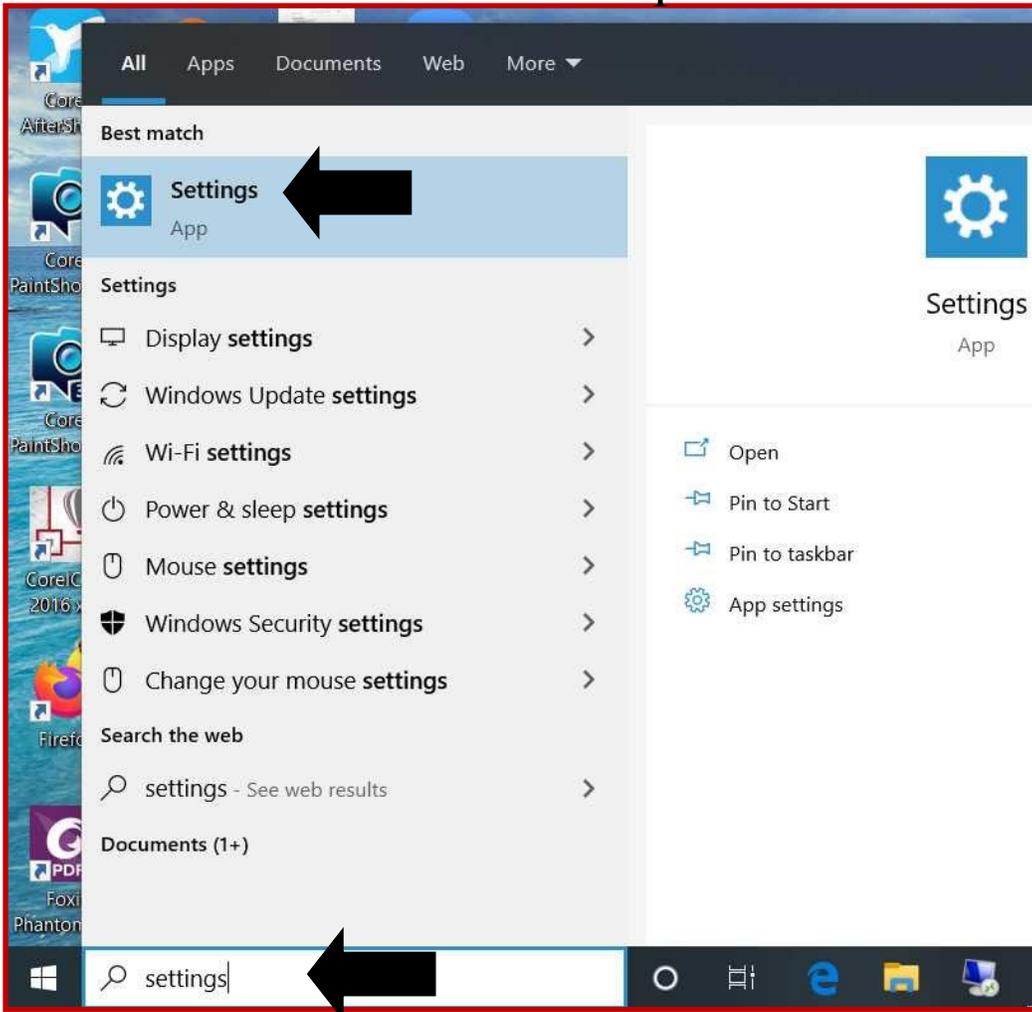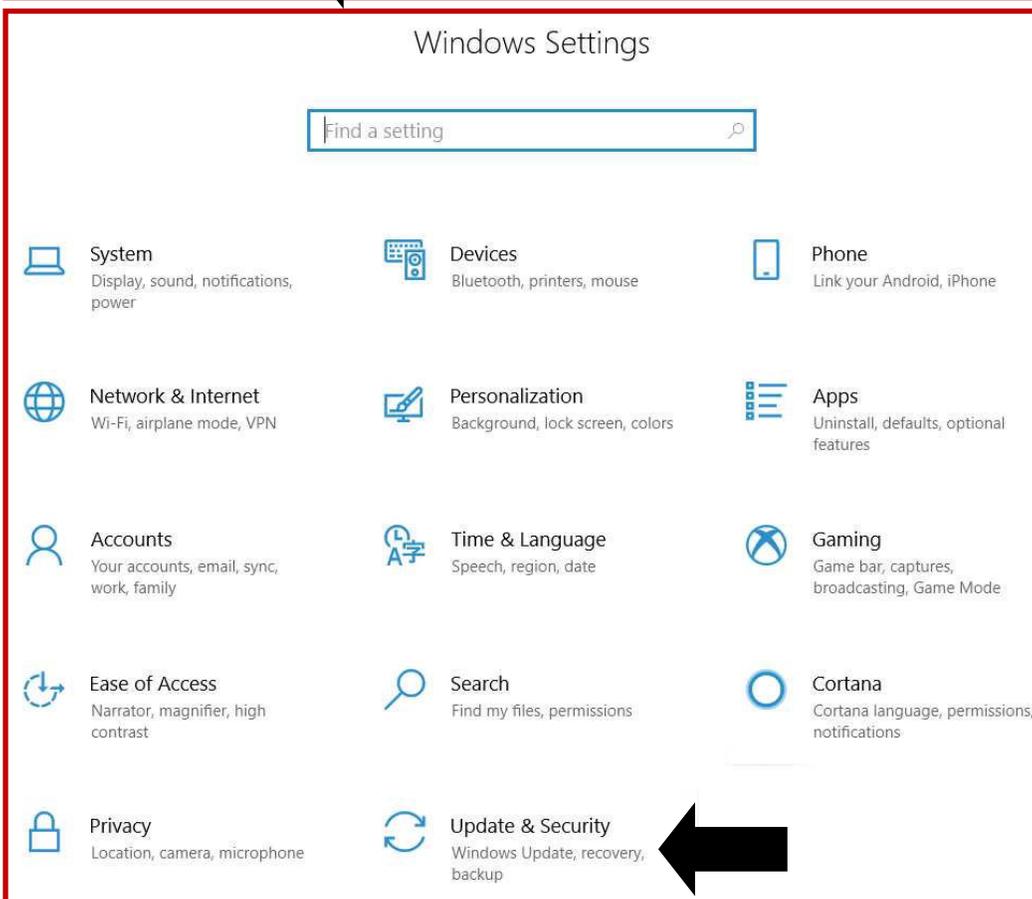# How to Pause Updates in Windows 10

In the Windows 10 Search box, type the word Settings. Then click on the Setting App to open the Setting window.

| All | Apps | Documents | Web | More ▼ |

Best match

⚙ Settings
   App

Settings

🖥 Display settings
🔄 Windows Update settings
📶 Wi-Fi settings
⏻ Power & sleep settings
🖰 Mouse settings
🛡 Windows Security settings
🖰 Change your mouse settings

Search the web

🔍 settings - See web results

Documents (1+)

⚙ Settings
   App

↗ Open
📌 Pin to Start
📌 Pin to taskbar
⚙ App settings

🔍 settings

Look for Updates & Security and click on it to open the Update & Security window.

Windows Settings

Find a setting 🔍

System
Display, sound, notifications, power

Devices
Bluetooth, printers, mouse

Phone
Link your Android, iPhone

Network & Internet
Wi-Fi, airplane mode, VPN

Personalization
Background, lock screen, colors

Apps
Uninstall, defaults, optional features

Accounts
Your accounts, email, sync, work, family

Time & Language
Speech, region, date

Gaming
Game bar, captures, broadcasting, Game Mode

Ease of Access
Narrator, magnifier, high contrast

Search
Find my files, permissions

Cortana
Cortana language, permissions, notifications

Privacy
Location, camera, microphone

Update & Security
Windows Update, recovery, backup

← Settings — □ ×

Windows Update

Updates available
Last checked: Today, 9:33 AM

2020-04 Cumulative Update for Windows 10 Version 1909 for x64-based Systems (KB4549951)
Status: Pending download

Updates are ready to download

Download

⏸ Pause updates for 7 days
Visit Advanced options to change the pause period

🕐 Change active hours
Currently 8:00 AM to 5:00 PM

🕒 View update history
See updates installed on your device

🔄 Advanced options
Additional update controls and settings

See what's new

Your device recently got the latest update with new features and im... security improvements.

Explore new features

Home
Find a setting
Update & Security
🔄 Windows Update
📥 Delivery Optimization
🛡 Windows Security
↑ Backup
🔧 Troubleshoot
♻ Recovery
✔ Activation
📍 Find my device
⚙ For developers
Windows Insider Program

Click on the Pause updates for 7 days and you are done. If you want more than 7 days continue to the next step.

Click here if you want to pause for more than 7 days.

← Settings — □ ×

⌂ **Advanced options**

Download updates over metered connections (extra charges may apply)
◯ Off

Restart this device as soon as possible when a restart is required to install an update. Windows will display a notice before the restart, and the device must be on and plugged in.
◯ Off

Update notifications

Show a notification when your PC requires a restart to finish updating
◯ Off

Pause updates

Temporarily pause updates from being installed on this device for up to 35 days. When you reach the pause limit, your device will need to get new updates before you can pause again.

Pause until
Wednesday, April 22, 2020 ∨

Choose when updates are installed

A feature update includes new capabilities and improvements. It can be deferred for this many days:
0 ∨

A quality update includes security improvements. It can be deferred for this many days:

If you want to pause the updates for a longer period of time. Click on Advanced Options in the previous panel. Then under Pause Updates in the Advanced options window. Click on the pull down menu and select the date you want to pause for.